

Atopic Dermatitis

DATE 25/12/14

Name: Baby Toyam Baruah Tel no [REDACTED]
AGE: 19 months. Sex: Baby Girl.

My daughter from the time she was barely 1½ months old ~~she~~ used to get rashes on her body. Till about 7 months, rashes smaller in size used to appear also above her lips and the chin area apart from the neck portion, back & nappy area.

These rashes would remain for week to ten days & disappear for 4 days & again ~~the~~ appear. Allopathy medicines were changed by the doctor on weekly basis and at times on alternate days till she was 17 months old. We visited

numerous doctors from bandra till ardheri. Some told us it is a rare category of pox. Others mentioned she should stop eating citrus & fruits forever. Not to wear any other fabric except for cotton etc, etc...

She used to sweat a lot. As a mother at night I had to hold her on my arms & to make her sleep, but the rashes would irritate her so much that in spite of rocking her and making her sleep on my arms she used to cry. She could not sleep on bed. That was the time an allopathy doctor told us that we need to give her steroids to cure her.

So on coming back home I thought let's take an opinion from a

P.T.O

homeopath doctor once. My husband was not very sure of. Hence I took the decision alone & got to her to doctor Mehra's clinic on the 1st week of Oct 2014. Doctor was on leave. Hence my details were taken by the staff.

After a week, I got the call from the clinic & Dr. Mehra himself spoke to ~~him~~ me & I got the appt on Oct 15th 2014.

First time ever, I was told that my daughter is suffering from ATOPIC DERMATITIS. Till the ~~last~~ first 17 months she was undergoing allopathic treatment & none of the doctors ever told us the disease that she was suffering. None of them in spite of routine tests.

Also as been told by Dr. Mehra that this particular disease has no ~~allopat~~ cure by allopathic medicine. Rightly said so, I read back home from sources on the internet.

A ray of hope dawned in my mind & I prayed to make a firm belief that my daughter will be all right soon.

Because → 1) we have met a doctor finally whom we can trust.

2) The method of treatment has no side effects.

3) The faith imposed to us as parents by the doctor on my child's recovery by following the treatment sincerely alongwith proper diet plan.

I was convinced in my mind and made all attempts to follow the method of treatment as suggested & diet plan as INSTRUCTED by the doctor strictly.

For a 17 month old child to ~~have~~ ~~start~~ start the day with a fruit ~~that too~~ in the morning & that too have enough of fruit to fill the stomach as the first thing in the morning was not easy. Pulpy

fruits were her likes but ~~the~~ citrus fruits it was not easy feeding her.

But I kept telling myself gradually it will be a wonderful habit formed in her & I must not lose patience. What if I need to entertain her a bit more, I did it. She is taking homeopathic ~~not~~ medicines from the last 2 months and her rashes today are about 75% healed.

My daughter ~~has~~^{is} slowly adjusting to this new course of ~~her~~ treatment. She is having ~~into~~ vegetables twice daily, fruits twice daily with khichidi, ~~the~~ roti-sabzi. No packed foods at all as instructed by the doctor. & No ~~bakery~~ bakery & confectionery items too. She is resisting ^{only} for the reason as I have understood well what side effects these foods can have on my child. Now, no ways, I cannot allow her to form

P.T.O

DATE _____

unhealthy eating habits. The first & foremost thing in life if I can (inculcate in her) forgive her after bringing her to this wonderful world is a healthy mind & a healthy body. Yes, I will! For I want her to be a healthy child not only to get fully cured from atopic dermatitis but to build a great resistive power to get rid of other diseases too.

Thankyou for making an effort to read this experience of my daughter who is already on the road to recovery. ~~can~~ Let's not lose patience & perseverance but let's strictly adhere to the treatment & instructions of the doctor. We will surely embrace good health & healing to our illness.

Regards.

Parkaya

Parkaya Khound Baruah
(Mother of Baby Toyam Baruah).

Dec. 25th. 2014.